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ENGINEER, FINANCIER, ARTIST, CHEF

CATHERINE
CHRISTIANO
IS ALL THAT...AND
EXHIBITING!

Profile by Susan Cornell/Photos Courtesy Catherine Christano

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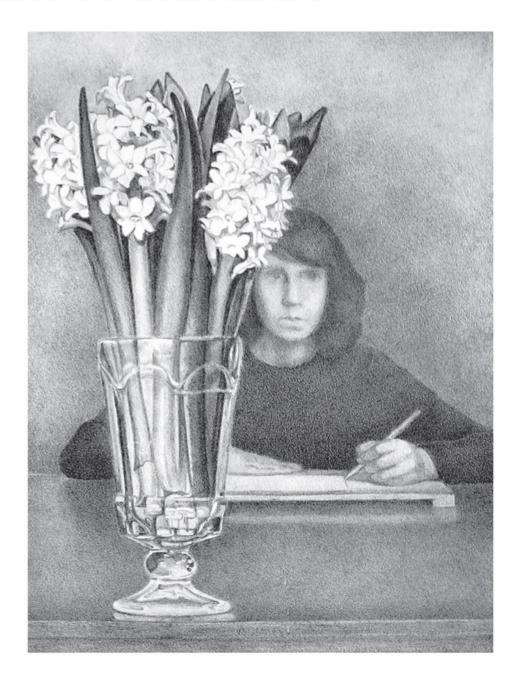
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"THE MOST SIGNIFICANT OUTCOME OF THE PANDEMIC PERIOD THAT WILL OVER TIME INFLUENCE THE ART THAT I CREATE IS THE MUCH GREATER DIVERSITY OF ARTISTS WHOSE WORK IS NOW, FINALLY, BEING EXHIBITED IN MUSEUMS AND GALLERIES. THE VISUAL CONVERSATION IS NO LONGER RESTRICTED TO SPECIFIC SEGMENTS OF THE POPULATION,"

he centerpiece of Catherine Christiano's first solo museum exhibition, Album of Flowers/ Interesting Times now on view at the Lyman Allyn Art Museum in New London is a series of large paintings that chronicle a year. Each of the month's panels juxtaposes a collage of content from The New York Times with carefully painted seasonal flora. The still lifes are placed directly within the context of 2016, the pivotal and emotionally charged election year during which the series was conceived.

The concept of an "Album of Flowers," of pairing flowers with the months of a year, is common in the traditions of Eastern and Western art. Because Christiano wanted to depict local plants and flowers alive, as if growing in the landscape, she looked toward historical examples by early Japanese and Chinese artists, such as Tao Rong (China, 1872-1927) and Katsushika Hokusai (Japan, 1760-1849).

"I found an aesthetic model in their lyrical flower paintings which often incorporated calligraphy and poetry. As with paintings from the Edo period in Japan, the elegance, space, and rhythm of the layout were important to me in designing my paintings. The Japanese term "ma," which means "gap", "space," or "pause," is a concept where the "empty" negative space holds as much weight as the flowers in paintings. The negative space in my series, however, is filled with newspaper imagery and text forcing everything to the picture plane and







filling the 'void' with current events," Christiano explains.

The backgrounds, which resemble a front page, represent the omnipresent backdrop of societal activities in everyday life. The Old Lyme artist sifted through piles of New York Times material from January 2016 through January 2017 to carefully construct the collages.

"With the news now a constant flow, I'll check websites several times a day. While painting, I listen to podcasts and news broadcasts. With what I've heard or read still in mind, I may switch realms and head outdoors to where my garden of flowers seems persistent, uplifting, and offers respite from chaos," she says.

The idea for the Album of Flowers | Interesting Times series evolved over a period of years. "Early on, I had created still lifes with newspaper. Then around 2015, I decided that I wanted to explore my concept of juxtaposing subjects from nature with newspaper content in a series of larger paintings. With the 2016 election on the horizon, I thought it would be interesting to work with newspapers from that year," she says, adding, "It seemed logical to have a panel for each month, and since I love flowers, to pair each one with local flora.

When Christiano was close to completing the Album of Flowers | Interesting Times series, she decided she would

like to exhibit the work in a public space. Her preference was to first exhibit the series close to where she lives in southeastern Connecticut so that she could share it with her community. The Lyman Allyn Art Museum was the first museum that she contacted.

In addition to the Album of Flowers | Interesting Times series of paintings, this exhibition includes a selection of early works as well as a few preliminary floral paintings. The early works show the evolution of her work with newspaper imagery. Several intricate graphite drawings and a collection of oil still lifes painted on cropped newspaper pages are included.

Prior to earning a BFA and becoming a full-time studio artist, she spent her twenties earning finance and engineering degrees and working in those fields. Among the positions she held was one located in the World Trade Center, for which reading The Wall Street Journal was intrinsic to her morning routine. Because newspapers have been ubiquitous in her life, when she turned to artmaking, she instinctively incorporated them into her work.



Christiano is known for her detailed representational works. She often works in series and by constructing compositions that combine several visual resources within one piece. Works may include multiple panels, mirrors, or painted still lifes juxtaposed with newspaper content reflecting contemporary concerns.

Born and raised in suburban New Jersey to first-and second-generation parents, Christiano's path to studio art was unconventional. Because she was very strong in analytical subjects as a student, she was steered toward a degree in engineering. She was also curious about the business side of things, so she earned an MBA with a concentration in finance.

After work hours, while employed by organizations like Deloitte and GE, she developed her skills in art-making which led her to the National Academy of Design School in New York City. Her teacher there recommended the Lyme Academy of Fine Arts in the heart of the former American Impressionist colony.

When she and her husband made the decision to relocate to southeastern Connecticut so that he could pursue a job opportunity, she decided to give art a chance before searching for a new job. Christiano spent several years at the Lyme Academy working from the human figure and completed a BFA in 2001.



"Switching careers, especially from one in the corporate world to one in the arts, also meant changing my identity, which was a gradual process. There was never a pivotal moment when I broke the news to family and friends. Imagine, my parents probably assumed I'd be some sort of manager in the business world!"

She notes, "As challenging as it can be to sustain a studio art practice, I am grateful that I was able to create a life for myself in the arts." $\frac{1}{2} \frac{1}{2} \frac$

She has not recently been paid to do work in either engineering or finance, but the skills learned while in those fields have been very useful in her studio practice and in life. "Being a studio artist means that, in addition to creating artwork, I am running a small business and must handle everything that entails. That







has included managing my electronic equipment, software, and website, drawing up plans for a studio renovation, and taking a project management approach to long-term projects. I do keep an eye on the financial markets and general economic trends. It is not unusual for me to listen to an economics podcast while working. The David McWilliams Podcast is a favorite."

The pandemic, as it has for all of us, has changed the artist. "The most significant outcome of the pandemic period that will over time influence the art that I create is the much greater diversity of artists whose work is now, finally, being exhibited in museums and galleries. The visual conversation is no longer restricted to specific segments of the population," she explains.

"Personally, the pandemic has made me more aware of the uncertainty in life. Also, I need large blocks of undistracted time to create my work. The pandemic lockdown period was a highly productive gift of time when I created most of the work in the series Album of Flowers | Interesting Times. I am now more mindful of how I spend my time. The pandemic period was also a very isolated period, so I am much more appreciative of simple pleasures like gathering around a table, being part of an audience, viewing art in person, and engaging with other artists in group settings.





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When she's not in the studio creating artwork, the next most likely place to find her is in the kitchen cooking. There is a link on her website to her personal collection of recipes. She made the link public during the pandemic when everyone needed to cook and dine at home.

"My maternal grandfather owned a French restaurant and from a young age, I learned to appreciate good food. I began collecting recipes when my kids were very young, and I needed to quickly access reliably good ones. It's a work in progress that reflects my tendency to seek a reproducible result."

Christiano designed the seal for the Town of Old Lyme and illustrated the memoir Poverty Island, published by the Old Lyme Historical Society. Her work has also been published in American Artist Drawing; on the cover of JAMA, The Journal of the American Medical Association; and on the cover of Trusteeship, a journal of the Association of Governing Boards of Universities and Colleges.

She exhibits primarily in the Northeast. Her work has been included in exhibitions at several regional museums and university galleries, including the New Britain Museum of American Art. She has also exhibited with the George Billis Gallery in New York City and Los Angeles and from 2013 – 2019 was an active member of the itinerant cooperative group Gallery One.

Album of Flowers | Interesting Times is on view at the Lyman Allyn Art Museum, 625 Williams Street in New London, from September 10 through November 6, with an Opening Reception on Friday, September 9 from 5 to 7 pm. FMI: lymanallyn.org

Christiano has a shop on her website https://catherinechristiano.com/shop/where one can purchase small original paintings, hand-pulled stone lithographs, and limited-edition reproductions.



